



# FamilyOfaVet.com

real world, plain language information about PTSD, TBI, and coping with life after combat

= = For Immediate Release = =

## **NATIONWIDE CAMPAIGN LAUNCHED TO TELL THE LOVE STORIES OF HEROES AND FAMILIES**

Talking About The Challenges of PTSD, TBI, and Life After Combat and Why Love Endures Despite Them

DAPHNE, Alabama, November 11, 2011 - In lives challenged by PTSD (post-traumatic stress disorder), TBI (traumatic brain injury), and other injuries caused by combat, loved ones and friends of heroes around the country are coming together to share the stories that started and are sustaining their families.

The idea for the project, dubbed *The Love Letter Campaign*, started when Brannan Vines, Founder and President of Family Of a Vet, Inc., posted an open love letter to her husband on the organization's blog in October. The letter was meant to address his question of "why?" she still loved him.

That letter received overwhelming response and many loved ones and caregivers wrote to explain that the letter had helped remind them, in the midst of sometimes extremely difficult daily challenges, of the "why's" in the love stories of their own families. Many who wrote also ask for permission to copy the format of Vines original letter to write one of their own.

Mrs. Vines, said, "Living daily with the signature wounds of Iraq and Afghanistan can quickly tear down many relationships. This campaign is about shoring them up... about reminding those who love a hero, and the heroes themselves, why our loves stories endure despite the difficulties we face together."

*The Love Letter Campaign* begins today, Veterans' Day, and will conclude on Valentine's Day. The love letters submitted (along with any photos) will be posted on Family Of a Vet's PTSD & TBI Life Blog (<http://blog.familyofavet.com>). More information about the campaign can be found on the organization's main website (<http://www.familyofavet.com>).

About Family Of a Vet, Inc.:

Family Of a Vet, Inc., is a national, federally recognized 501(c)3 non-profit organization dedicated to helping veterans and their families learn how to cope with PTSD (post-traumatic stress disorder), TBI (traumatic brain injury) and life after combat through real-world, plain language education and resources for heroes, families, and communities. Family Of a Vet started as a small website offering information about coping with life after the battlefield and was founded in 2007 by the wife of a combat Veteran who was injured while serving in Iraq. That website has since grown into a thriving non-profit organization with volunteers in 36 states and 3 countries that helps thousands of heroes and families each month.

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